

BUTTERFLIES ARE FREE TO FLY

13" x 13", by the author. Fragile – and magical.

Quilts in My Cubicle -- Barbara Holtzman

Quilt size: 13" square Block size: 4" square



Dark blue: At least 5" x 12"
Orange print: At least 5" x 10"
Yellow: Fat quarter
Fun border print: Fat quarter
Variety of bright fabrics with fun prints

Prewash, starch, and press fabric before cutting.



Dark blue: 4 strips, ³/₄" x 10" (first inside border)

Orange print: 4 strips, ³/₄" x 10" (second inside border)

Fun Prints: Fussy cut as you go for butterfly wings

Fun border print: 4 strips, 2½" x 14" (outside border) Strips to equal 1¼" x 60"

15" square for backing15" square of batting





See page 7 for instructions on freezer-paper piecing.

You can create your own pieced fabric to vary the effects! Sew a 3" x 8" strip of striped or patterned fabric to a 1½" x 8" strip and use it for the wing fabric. The advantage of freezerpaper piecing is you can "see" where to place your fabric before you sew.

Make 2 butterfly patterns (page 32), tracing each onto the dull side of freezer paper. You will use each freezer-paper pattern twice.

Select prints for butterfly wings. Use the yellow for the background color. Don't forget that with freezer-paper piecing, you can "fussy place" before sewing.

Piece the center/body of the butterfly: sew background fabric to each end of the body fabric; trim outside long edges only.

Place the center/body along one butterfly wing, matching edges with a pin. Sew and trim the seam. Sew the other side, trim, and press both seams towards the center.

Trim the Butterfly blocks to 4½". Sew them to the other Butterfly blocks, using the quilt photo for guidance on placement.





First inside border: Use the blue 10" strips, cut to fit. They should measure 8¹/₂" each side and 9" top and bottom.

Second inside border: Use the orange 10" strips, cut to fit. They should measure 9" each side and $9\frac{1}{2}$ " top and bottom.

Outside border: Use the 14" fun print strips, cut to fit.

See page 14 for tips on finishing. Square up the quilt. Layer the top over batting and backing. Pin baste. Quilt as desired.

See page 11 for instructions on how to make and attach binding.

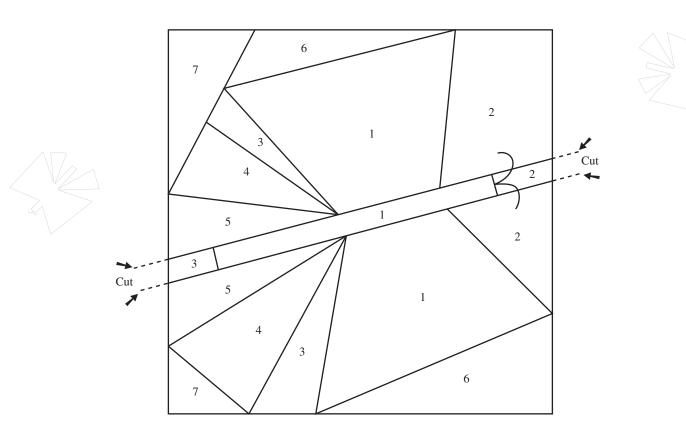
Make It Your Own!

Combine the Butterfly block with Flower blocks from April. The Flower blocks could border the butterflies.

▼ Kids would love this as a larger lap quilt. Add sashing between blocks, or enlarge the pattern for the block 100 percent to 8" to sew even quicker.

 Get creative with bead or thread embellishments.

Sew 4 or 5 butterflies across to make a long, narrow quilt or table runner.



BUTTERFLIES ARE FREE TO FLY freezer-paper assembly

Remove freezer paper. Consider these options for butterfly antennae: Outline stitching by hand with one thread of embroidery floss; machine satin stitching; or free-motion stitching, if you're comfortable with that. If you choose machine stitching, be sure to place some tearaway stabilizer underneath.