## Cathedral Reflections



QS American Quilter's Society

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$51^{\prime \prime} \times 51^{\prime \prime}$


Fabric Requirements:
3 yards background fabric
2 yards light fabric
$11 / 4$ yards dark fabric

## Cutting Instructions:

144-5" background fabric circles
68-5" light fabric circles
20-5" dark fabric circles
$16-23 / 4^{\prime \prime} \times 5$ " background fabric rectangles
$56-23 / 4^{\prime \prime} \times 5$ " dark fabric rectangles
$40-23 / 4 " \times 5$ " light rectangles
Template C-16 dark fabric

- 5" circle (Template A) and 3" (Template B) square templates are included for your convenience. These may be used as guides to cut the circles and mark the squares if no other tools are available.


## Assembly Instructions:

1. Sew a $23 / 4$ " $\times 5$ " background fabric rectangle to a $23 / 4$ " $\times 5$ " dark fabric rectangle right sides together as shown below. Press the seams open. Make 16 squares.

2. Cut the squares made in step one into 5 " circles.

3. Sew a $23 / 4$ " $\times 5$ " light fabric rectangle to a $23 / 4$ " x 5 " dark fabric rectangle right sides together as shown below. Press the seams open. Make 40 squares.

4. Cut the squares made in step two into 5 " circles.

5. Sew a 5" background fabric circle to a 5 " light fabric circle, right sides together, using a $1 / 4^{\prime \prime}$ seam allowance. Repeat for the remaining background fabric circles using the rest of the light, all of the dark, and the circles made in steps two and four. Make 144 circles.

6. Lay a 3 " square in the center of each of the circles on the background fabric side. Cut a slit in the background fabric above the line.

7. Turn the circle right side out through the slit and press.

8. Draw a 3 " square in the center of each of the circles on the background fabric side. Make sure the opening used to turn the circle within one of the flaps outside the square.

9. Working diagonally, sew the circles together on the drawn lines using the diagram below as a guide to make rows. Be careful to turn the half circles in the right direction to match the pattern. The fabric from the back is the flap fabric that folds over and shows on the front. Pin and fold down the flaps to check before sewing.


- Match lines, background fabric facing out on both sides (drawn lines will show front and back)
- Sew one side of square
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10. Press the flaps open for each block. If you prefer to sew as you go, sew the flaps in place.

11. Sew the rows together matching the lines from the square. Again, if you prefer to sew as you go, sew the flaps in place as you join each row.
12. Sew the flaps in place if you have not done so. The advantage to waiting is that it is easier to fix mistakes.

13. Appliqué the dark fabric template $C$ points to each end of the crosses as shown below.

14. Leave the outside circles open as the outer edge of the quilt.


Templates


